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Welcome to The TMJ Association! We're glad you're here. You're not alone. The TMJ Association, Ltd. (TMJA) is a nonprofit, patient advocacy organization whose mission is to improve the quality of health care and lives of everyone affected by Temporomandibular Disorders (TMD). TMJ (Tomlinson Mnguni James) attorneys is a South African based law firm with offices in multiple provinces who cater for matters involving commercial, employment and labour, litigation, fiduciary, property, matrimonial, public and other degrees of law. Your temporomandibular joint is a hinge that connects your jaw to the temporal bones of your skull, which are in front of each ear. It lets you move your jaw up and down and side to side, so you ... The temporomandibular joints (TMJ) are the two joints connecting the jawbone to the skull. It is a bilateral synovial articulation between the temporal bone of the skull above and the mandible below; it is from these bones that its name is derived.