

# Download Subway Bmt Calories

Look up nutritional information and calorie counts for all our Subway® sandwiches, salads, and sides to help you make smart choices. Calories Carbs Fat Sodium and points on Subway menu items. Our calorie counter shows how many calories are in popular 6" Subs on wheat bread from Subway (all values include cheese, lettuce, tomatoes, pickles, green peppers, olives and onions)...Subway is an American privately held fast food restaurant franchise that primarily sells submarine sandwiches (subs) and salads. Subway is one of the fastest-growing franchises in the world and, as of June 2017, had approximately 42,000 stores located in more than 100 countries.