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Lehninger Principles of Biochemistry - Kindle edition by David L. Nelson, Michael M. Cox. Download it once and read it on your Kindle device, PC, phones or tablets. Use features like bookmarks, note taking and highlighting while reading Lehninger Principles of Biochemistry. Lehninger Principles of Biochemistry, 7th Edition. by David L. Nelson, Michael M. Cox January 2017 Lehninger Principles of Biochemistry is the #1 bestseller for the introductory biochemistry course because it brings clarity and coherence to an often unwieldy discipline, offering a thoroughly updated survey of biochemistry's enduring ... Biochemistry: The Molecular Basis of Life is a one-semester text focusing on the essential biochemical principles that underpin the modern life sciences. The sixth edition offers deeper coverage of the chemistry of reactions while emphasizing the relationship between biochemistry and human biology. A cofactor is a non-protein chemical compound or metallic ion that is required for an enzyme's activity. Cofactors can be considered "helper molecules" that assist in biochemical transformations.